

VAPAC MEMBERS' MEETING # 67, AGM & PROFESSIONAL DEVELOPMENT WORKSHOP  
*What Just Happened?! Understanding, Adapting and Bouncing Back...*

23-24 March 2021  
Capital Theatre, Bendigo

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DAY ONE

9.45 am                    **COFFEE & ARRIVALS**

10.00 am                **WELCOME TO COUNTRY**

- **Update from City of Greater Bendigo**
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10.15 am                **MEETING # 67 COMMENCES**

- **Apologies**
  - **Minutes of Previous Meeting**
  - **Business Arising**
    - Treasurer's Financial Report (Penny Hargrave)
  - **General Business**
    - Executive Update (Rob Robson)
    - General Manager Update (Gemma Robertson)
  - **Subnetwork Updates**
    - BOMNet (Melissa Forlano)
    - TMN (Brett Tippett)
  - **Stakeholder Updates**
    - Regional Arts Victoria (Joe Toohey)
    - PAC Australia (Shayne Price)
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- **Membership Applications**
    - Full Membership-**
      - Aquinas College, Ringwood - Mahon Theatre, 300 seats
    - Associate Membership-**
      - Mentone Grammar School – Thorold Theatre, 450 seats
  
  - **Any Other Business**
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**12.30 pm**            **LUNCH**

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**1.15 pm**            **PROFESSIONAL DEVELOPMENT WORKSHOP BEGINS**  
*What Just Happened?! And Where Are We Going?*

An opportunity to debrief about all that 2020 threw at us and a discussion about the ongoing ramifications and research being used to guide us.

**Case Studies**

Ken Cameron – Riverlinks, Shepparton  
Jamie Smith – Wyndham Cultural Venues  
Dianne Toulson – Theatre Works

**Research Update**

Ross Farnell – Ross Farnell Consulting

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**3.15 pm**            **BREAK**

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**3.45 pm**            *Understand, Adapt, Bounce Back*  
**Presented by Dr Peter Steidl**

Resilience is our ability to adapt to what we can't change, while making positive changes where we can. It is a positive, pro-active approach to dealing with change that is grounded in reality. Given the pandemic's impact on the arts and the uncertainty about the future, there has never been a time when resilience was more important.

In this first session, Peter will introduce his work around *The Resilience Bounce Back Playbook*, a neuroscientific program designed to help individuals improve their personal resilience and ability to effectively address threats and opportunities.

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**5.00 – 5.30 pm**    **Annual General Meeting**

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**7.00 pm**            **DINNER**  
**The Dispensary, 9 Chancery Lane**

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DAY TWO

*Understand, Adapt, Bounce Back cont...*

**9.15 am**

We need to ensure our survival when events like the Covid-19 pandemic create new challenges we have no experience with.

But, while survival is essential, it is not sufficient. There is no way back to the 'old normal', so we must be prepared to be proactive and disrupt what we have been doing and how we have been doing it.

Finally, we need to adjust the way we live, work and compete. Our old practices are not all outdated, but we need to adjust them to align with the new, evolving environment. And we have to accept that we will need to keep on adjusting as our future develops in unexpected ways.

In this practical workshop, Peter will teach us about ways to adapt our thinking and boost our resilience and how to encourage others to do the same.

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**10.15 am**

**BREAK**

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**10.30 am**

*Understand, Adapt, Bounce Back cont...*

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**12.00 pm**

**WRAP-UP & FAREWELLS**

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**12.15 pm**

**LUNCH (available to take-away)**

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## Guest Speakers

**Dr Peter Steidl** is a behavioural expert, business consultant, author, speaker and educator with an MBA and PhD from the University of Vienna. He has authored/co-authored 12 books and carried out consulting assignments in more than 20 countries on 5 continents. Amongst many other organisations, he has conducted projects on behalf of the Australia Council and the World Health Organisation. Peter has a polymath's interest in everything from neuroscience to economics and, most recently, evolutionary biology.

As the author of the *Resilience Bounce Back Playbook*, Peter is looking forward to sharing his experience and perspectives with you.